

# A SINGLE SET IMPROVEMENT TO THE $3k - 4$ THEOREM

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ABSTRACT. The  $3k - 4$  Theorem is a classical result which asserts that if  $A, B \subseteq \mathbb{Z}$  are finite, nonempty subsets with

$$(1) \quad |A + B| = |A| + |B| + r \leq |A| + |B| + \min\{|A|, |B|\} - 3 - \delta,$$

where  $\delta = 1$  if  $A$  and  $B$  are translates of each other, and otherwise  $\delta = 0$ , then there are arithmetic progressions  $P_A$  and  $P_B$  of common difference such that  $A \subseteq P_A$ ,  $B \subseteq P_B$ ,  $|B| \leq |P_B| + r + 1$  and  $|P_A| \leq |A| + r + 1$ . It is one of the few cases in Freiman's Theorem for which exact bounds on the sizes of the progressions are known. The hypothesis (1) is best possible in the sense that there are examples of sumsets  $A + B$  having cardinality just one more than that of (1), yet  $A$  and  $B$  cannot *both* be contained in short length arithmetic progressions. In this paper, we show that the hypothesis (1) can be significantly weakened and still yield the same conclusion for *one* of the sets  $A$  and  $B$ . Specifically, if  $|B| \geq 3$ ,  $s \geq 1$  is the unique integer with

$$(s - 1)s \left( \frac{|B|}{2} - 1 \right) + s - 1 < |A| \leq s(s + 1) \left( \frac{|B|}{2} - 1 \right) + s,$$

and

$$(2) \quad |A + B| = |A| + |B| + r < \left( \frac{|A|}{s} + \frac{|B|}{2} - 1 \right) (s + 1),$$

then we show there is an arithmetic progression  $P_B \subseteq \mathbb{Z}$  with  $B \subseteq P_B$  and  $|P_B| \leq |B| + r + 1$ . The hypothesis (2) is best possible (without additional assumptions on  $A$ ) for obtaining such a conclusion.

## 1. INTRODUCTION

For finite, nonempty subsets  $A$  and  $B$  of an abelian group  $G$ , we define their sumset to be

$$A + B = \{a + b : a \in A, b \in B\}.$$

All intervals will be discrete, so  $[x, y] = \{z \in \mathbb{Z} : x \leq z \leq y\}$  for real numbers  $x, y \in \mathbb{R}$ . More generally, for  $d \in G$  and  $x, y \in \mathbb{Z}$ , we let

$$[x, y]_d = \{xd, (x + 1)d, \dots, yd\}$$

denote the corresponding interval with difference  $d$ . For a nonempty subset  $X \subseteq \mathbb{Z}$ , we let  $\gcd(X)$  denote the greatest common divisor of all elements of  $X$ , and use the abbreviation  $\gcd^*(X) := \gcd(X - X)$  to denote the affine (translation invariant) greatest common divisor of the set  $X$ , which is equal to  $\gcd(-x + X)$  for any  $x \in X$ . Note  $\gcd^*(X) = \gcd(X)$  when  $0 \in X$ .

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The study of the structure of  $A$  and  $B$  assuming  $|A + B|$  is small in comparison to the cardinalities  $|A|$  and  $|B|$  is an important topic in Inverse Additive Number Theory. For instance, if  $A = B \subseteq \mathbb{Z}$  with  $|A + A| \leq C|A|$ , where  $C$  is a fixed constant, then Freiman's Theorem asserts that there is a multi-dimensional progression  $P_A \subseteq \mathbb{Z}$  with  $A \subseteq P_A$  and  $|P_A| \leq f(C)|A|$ , where  $f(C)$  is a constant that depends only on  $C$ . The reader is directed to the text [20] for a fuller discussion of this result, its generalizations, and its implications and importance.

In this paper, we are interested in the special case of Freiman's Theorem when  $|A + B|$  is very small, with  $C < 3$ . The following is the (Freiman)  $3k - 4$  Theorem, proved in the case  $A = B$  by Freiman [6] [4], extended (in various forms) to general summands  $A \neq B$  by Freiman [5], by Lev and Smeliansky [17], and by Stanchescu [19], with the additional conclusion regarding a long length arithmetic progression added later by Freiman [3] (in the special case  $A = B$ ) and by Bardaji and Grynkiewicz [1] (for general  $A \neq B$ ). The formulation given below is an equivalent simplification of that given in the text [8, Theorem 7.1(i)].

**Theorem A** ( $3k - 4$  Theorem). *Let  $A, B \subseteq \mathbb{Z}$  be finite, nonempty subsets with*

$$|A + B| = |A| + |B| + r \leq |A| + |B| + \min\{|A|, |B|\} - 3 - \delta,$$

*where  $\delta = 1$  if  $A$  and  $B$  are translates of each other, and otherwise  $\delta = 0$ . Then there exist arithmetic progressions  $P_A, P_B, P_C \subseteq \mathbb{Z}$ , each with common difference  $d = \gcd^*(A + B)$ , such that  $A \subseteq P_A$ ,  $B \subseteq P_B$ , and  $C \subseteq A + B$  with*

$$|P_A| \leq |A| + r + 1, \quad |P_B| \leq |B| + r + 1 \quad \text{and} \quad |P_C| \geq |A| + |B| - 1.$$

The bounds  $|P_A| \leq |A| + r + 1$ ,  $|P_B| \leq |B| + r + 1$  and  $|P_C| \geq |A| + |B| - 1$  are best possible, as seen by the example  $A = [0, r]_2 \cup [2r + 2, |A| + r]$  and  $B = [0, r]_2 \cup [2r + 2, |B| + r]$ , which has  $A + B = [0, r]_2 \cup [2r + 2, |A| + |B| + 2r]$  for  $-1 \leq r \leq \min\{|A|, |B|\} - 3$ , showing that all three bounds can hold with equality simultaneously. The bound  $|A + A| \leq 3|A| - 4$  is tight, as seen by the example  $A = [0, |A| - 2] \cup \{N\}$  for  $N$  large, which shows  $|P_A|$  cannot be bounded when  $|A + A| \geq 3|A| - 3$ . Likewise, when  $A$  and  $B$  are not translates of each other, then the bound  $|A + B| \leq |A| + |B| + \min\{|A|, |B|\} - 3$  is also tight, as seen by the example  $B = [0, |B| - 1]$  and  $A = [0, |A| - 2] \cup \{N\}$  for  $N$  large and  $|A| \geq |B|$ .

When  $|B|$  is significantly smaller than  $|A|$ , the hypothesis  $|A + B| \leq |A| + 2|B| - 3$  is rather strong, making effective use of the  $3k - 4$  Theorem more restricted. There has only been limited success in obtaining conclusions similar to the  $3k - 4$  Theorem above the threshold  $|A| + |B| + \min\{|A|, |B|\} - 3 - \delta$ . See for instance [11], where a weaker bound on  $|P_B|$  is obtained under an alternative hypothesis (discussed in the concluding remarks) than our hypothesis (3). For versions involving more than two summands, see [10] [14] [15]. Some related results may also be found in [2] [12] [16] [18].

As the previous examples show, if one wishes to consider sumsets with cardinality above the threshold  $|A| + |B| + \min\{|A|, |B|\} - 3 - \delta$ , then  $A$  and  $B$  cannot *both* be contained in short

arithmetic progressions. The goal of this paper is to show that, nonetheless, at least *one* of the sets  $A$  and  $B$  can, indeed, be contained in a short arithmetic progression under a much weaker hypothesis than that of the  $3k - 4$  Theorem. Specifically, our main result is the following theorem, whose bounds are optimal in the sense described afterwards.

**Theorem 1.1.** *Let  $A, B \subseteq \mathbb{Z}$  be finite, nonempty subsets with  $|B| \geq 3$  and let  $s \geq 1$  be the unique integer with*

$$(3) \quad (s-1)s \left( \frac{|B|}{2} - 1 \right) + s - 1 < |A| \leq s(s+1) \left( \frac{|B|}{2} - 1 \right) + s.$$

*Suppose*

$$(4) \quad |A+B| = |A| + |B| + r < \left( \frac{|A|}{s} + \frac{|B|}{2} - 1 \right) (s+1).$$

*Then there exists an arithmetic progression  $P_B \subseteq \mathbb{Z}$  such that  $B \subseteq P_B$  and  $|P_B| \leq |B| + r + 1$ .*

The hypothesis (3) depends on the relative size of  $|A|$  and  $|B|$ . This dependence is necessary, and essentially best possible, as seen by the example  $B = [0, \frac{|B|}{2} - 1] \cup (N + [0, \frac{|B|}{2} - 1])$  and  $A = [0, \frac{|A|}{s} - 1] \cup (N + [0, \frac{|A|}{s} - 1]) \cup (2N + [0, \frac{|A|}{s} - 1]) \cup \dots \cup ((s-1)N + [0, \frac{|A|}{s} - 1])$  for  $|B|$  even with  $s \mid |A|$  and  $N$  large. It is then a minimization problem (carried out in Lemma 3.2) that the optimal choice of  $s$  depends on the relative size of  $|A|$  and  $|B|$  as described in (3). The bound  $|P_B| \leq |B| + r + 1$  is also best possible, as seen by the example  $B = [0, |B| - 2] \cup \{|B| + r\}$  and  $A = [0, |A| - 1]$ . As a weaker consequence of Theorem 1.1, we derive the following corollary, which eliminates the parameter  $s$ .

**Corollary 1.2.** *Let  $A, B \subseteq \mathbb{Z}$  be finite, nonempty subsets. Suppose*

$$|A+B| = |A| + |B| + r < |A| + \frac{|B|}{2} - 1 + 2\sqrt{|A| \left( \frac{|B|}{2} - 1 \right)}.$$

*Then there exists an arithmetic progression  $P_B \subseteq \mathbb{Z}$  such that  $B \subseteq P_B$  and  $|P_B| \leq |B| + r + 1$ .*

## 2. PRELIMINARIES

For an abelian group  $G$  and nonempty subset  $X \subseteq G$ , we let

$$\mathbf{H}(X) = \{g \in G : g + X = X\} \leq G$$

denote the stabilizer of  $X$ , which is the largest subgroup  $H$  such that  $X$  is a union of  $H$ -cosets. The set  $X$  is called *aperiodic* if  $\mathbf{H}(X)$  is trivial, and *periodic* if  $\mathbf{H}$  is nontrivial. More specifically, we say  $X$  is  $H$ -periodic if  $H \leq \mathbf{H}(X)$ , equivalently, if  $X$  is a union of  $H$ -cosets. For a subgroup  $H \leq G$ , we let

$$\phi_H : G \rightarrow G/H$$

denote the natural homomorphism. We let  $\langle X \rangle$  denote the subgroup generated by  $X$ , and let  $\langle X \rangle_* = \langle X - X \rangle$  denote the affine (translation invariant) subgroup generated by  $X$ , which is the minimal subgroup  $H$  such that  $X$  is contained in an  $H$ -coset. Note  $\langle X \rangle_* = \langle -x + X \rangle$  for

any  $x \in X$ . In particular,  $\langle X \rangle_* = \langle X \rangle$  when  $0 \in X$ . If  $k \in \mathbb{Z}$ , then  $k \cdot A = \{kx : x \in A\}$  denotes the  $k$ -dilate of  $A$ .

Kneser's Theorem [8, Theorem 6.1] [20, Theorem 5.5] is a core result in inverse additive theory.

**Theorem B** (Kneser's Theorem). *Let  $G$  be an abelian group, let  $A, B \subseteq G$  be finite, nonempty subsets, and let  $H = \mathbf{H}(A + B)$ . Then*

$$|A + B| \geq |A + H| + |B + H| - |H| = |A| + |B| - |H| + \rho,$$

where  $\rho = |(A + H) \setminus A| + |(B + H) \setminus H| \geq 0$ .

A very special case of Kneser's Theorem is the following basic bound for integer sumsets.

**Theorem C.** *Let  $A, B \subseteq \mathbb{Z}$  be finite, nonempty subsets. Then  $|A + B| \geq |A| + |B| - 1$ .*

If  $|A + B| \leq |A| + |B| - 1$ , then  $|\phi_H(A) + \phi_H(B)| = |\phi_H(A)| + |\phi_H(B)| - 1$  follows from Kneser's Theorem, where  $H = \mathbf{H}(A + B)$ , reducing the description of sumsets with  $|A + B| \leq |A| + |B| - 1$  to the case when  $A + B$  is aperiodic with  $|A + B| = |A| + |B| - 1$ . The complete description is then addressed by the Kemperman Structure Theorem. We summarize the relevant details here, which may be found in [8, Chapter 9] and are summarized in more general form in [7]

Let  $A, B \subseteq G$  and  $H \leq G$ . A nonempty subset of the form  $(\alpha + H) \cap A$  is called an  $H$ -coset slice of  $A$ . If  $A_\emptyset \subseteq A$  is a nonempty subset of an  $H$ -coset and  $A \setminus A_\emptyset$  is  $H$ -periodic, then  $A_\emptyset$  is an  $H$ -coset slice and we say that  $A_\emptyset$  induces an  $H$ -quasi-periodic decomposition of  $A$ , namely,  $A = (A \setminus A_\emptyset) \cup A_\emptyset$ . If, in addition,  $B_\emptyset \subseteq B$  induces an  $H$ -quasi-periodic decomposition, and  $\phi_H(A_\emptyset) + \phi_H(B_\emptyset)$  is a unique expression element in  $\phi_H(A) + \phi_H(B)$ , then  $A_\emptyset + B_\emptyset \subseteq A + B$  also induces an  $H$ -quasi-periodic decomposition.

Let  $X, Y \subseteq G$  be finite and nonempty subsets with  $K = \langle X + Y \rangle_*$ . We say that the pair  $(X, Y)$  is *elementary of type* (I), (II), (III) or (IV) if there are  $z_A, z_B \in G$  such that  $X = z_A + A$  and  $Y = z_B + B$  for a pair of subsets  $A, B \subseteq K$  satisfying the corresponding requirement below:

- (I)  $|A| = 1$  or  $|B| = 1$ .
- (II)  $A$  and  $B$  are arithmetic progressions of common difference  $d \in K$  with  $|A|, |B| \geq 2$  and  $\text{ord}(d) \geq |A| + |B| - 1 \geq 3$ .
- (III)  $|A| + |B| = |K| + 1$  and there is precisely one unique expression element in the sumset  $A + B$ ; in particular,  $A + B = K$ ,  $|A|, |B| \geq 3$ , and  $|K| \geq 5$ .
- (IV)  $B = -(K \setminus A)$  and the sumset  $A + B$  is aperiodic and contains no unique expression elements; in particular,  $A + B = A - (K \setminus A) = K \setminus \{0\}$ ,  $|A|, |B| \geq 3$ , and  $|K| \geq 7$ .

We will need the following result regarding type (III) elementary pairs.

**Lemma 2.1.** *Let  $G$  be an abelian group and let  $A, B \subseteq G$  be finite, nonempty subsets. Suppose  $(A, B)$  is a type (III) elementary pair with  $a_0 + b_0$  the unique expression element in  $A + B$ , where  $a_0 \in A$  and  $b_0 \in B$ . Then*

$$(A \setminus \{a_0\}) + (B \setminus \{b_0\}) = (A + B) \setminus \{a_0 + b_0\}.$$

*Proof.* Without loss of generality, we may assume that  $a_0 = b_0 = 0$  and  $G = H$ . Let  $A' = A \setminus \{0\}$  and  $B' = B \setminus \{0\}$ . Suppose by contradiction  $\{0, g\} \subseteq G \setminus (A' + B')$  with  $g \neq 0$ . Since  $g \in G = A + B$  and  $g \notin A' + B'$ , it follows that every expression  $g = x + y \in A + B$ , with  $x \in A$  and  $y \in B$ , must have  $x = 0$  or  $y = 0$ . As a result, since there are at least *two* such expressions (as  $0 \in A + B$  is the only unique expression element for the type (III) pair), it follows that there are exactly two, namely one of the form  $g = 0 + y$  with  $y \in B$ , and the other of the form  $g = x + 0$  with  $x \in A$ , whence

$$(5) \quad g \in A \cap B.$$

Since  $0, g \notin A' + B'$ , we have  $(\{0, g\} - A') \cap B' = \emptyset$ , and since  $(A, B)$  has type (III), we have  $|A'| + |B'| = |A| + |B| - 2 = |G| - 1$ . As a result,  $|\{0, g\} - A'| \leq |G| - |B'| = |A'| + 1$ , which is easily seen to only be possible if  $A' = A'_1 \cup P_1$ , where  $A'_1$  is  $K$ -periodic (or empty),  $P_1$  is an arithmetic progression with difference  $g$ , and  $K = \langle g \rangle$ ; moreover, since  $g \in A'$  but  $0 \notin A'$  (see (5)), we conclude that the first term in  $P_1$  must in fact be  $g$ . Likewise  $B' = B'_1 \cup P_2$  with  $B'_1$   $K$ -periodic (or empty) and  $P_2$  an arithmetic progression with difference  $g$  whose first term is  $g$ . Thus  $0 \in P_1 + K$  and  $0 \in P_2 + K$ . Hence, since  $0 + 0$  is a unique expression element in  $A + B$ , it follows, in view of  $A' = A'_1 \cup P_1$  and  $B' = B'_1 \cup P_2$ , that  $0$  is a unique expression element in  $\phi_K(A) + \phi_K(B)$ . Consequently, any unique expression element from  $(P_1 \cup \{0\}) + (P_2 \cup \{0\})$  is also a unique expression element in  $A + B$ .

Since  $g$  is the first term in both  $P_1$  and  $P_2$ , it follows that  $P_1 \cup \{0\}$  and  $P_2 \cup \{0\}$  are both arithmetic progressions with difference  $g$ . Thus, since  $(P_1 \cup \{0\}) + (P_2 \cup \{0\})$  contains a unique expression element, namely  $0 + 0$ , it follows that  $(P_1 \cup \{0\}) + (P_2 \cup \{0\})$  must contain another unique expression element as well, namely  $g_1 + g_2$ , where  $g_1 \in P_1$  is the last term of the progression  $P_1$  and  $g_2 \in P_2$  is the last term of the progression  $P_2$ , contradicting (in view of the previous paragraph) that  $0 + 0$  is the only unique expression element in  $A + B$ .  $\square$

The following is the ‘dual’ formulation of the Kemperman Structure Theorem [8, Theorem 9.2], introduced by Lev [13].

**Theorem D** (KST-Dual Form). *Let  $G$  be a nontrivial abelian group and let  $A, B \subseteq G$  be finite, nonempty subsets. A necessary and sufficient condition for*

$$|A + B| = |A| + |B| - 1,$$

*with  $A + B$  containing a unique expression element when  $A + B$  is periodic, is that either  $(A, B)$  is elementary of type (IV) or else there exists a finite, proper subgroup  $H < G$  and nonempty subsets  $A_\emptyset \subseteq A$  and  $B_\emptyset \subseteq B$  inducing  $H$ -quasi-periodic decompositions such that*

- (i)  $(\phi_H(A), \phi_H(B))$  is elementary of some type (I)–(III),
- (ii)  $\phi_H(A_\emptyset) + \phi_H(B_\emptyset)$  is a unique expression element in  $\phi_H(A) + \phi_H(B)$ ,
- (iii)  $|A_\emptyset + B_\emptyset| = |A_\emptyset| + |B_\emptyset| - 1$ , and
- (iv) either  $A_\emptyset + B_\emptyset$  is aperiodic or contains a unique expression element.

If  $G$  and  $G'$  are abelian groups and  $A, B \subseteq G$  are finite, nonempty subsets, then a Freiman homomorphism is a map  $\psi : A + B \rightarrow G'$ , defined by some coordinate maps  $\psi_A : A \rightarrow G'$  and  $\psi_B : B \rightarrow G'$ , such that  $\psi(x + y) = \psi_A(x) + \psi_B(y)$  for all  $x \in A$  and  $y \in B$  is well-defined. The sumset  $\psi_A(A) + \psi_B(B)$  is then the homomorphic image of  $A + B$  under  $\psi$ . If  $\psi$  is injective on  $A + B$ , then  $\psi$  is a Freiman isomorphism, in which case the sumsets  $A + B$  and  $\psi_A(A) + \psi_B(B)$  are isomorphic, denoted  $A + B \cong \psi_A(A) + \psi_B(B)$ . See [8, Chapter 20]. Equivalently, if there are coordinate maps  $\psi_A : A \rightarrow G'$  and  $\psi_B : B \rightarrow G'$  such that  $\psi_A(x) + \psi_B(y) = \psi_A(x') + \psi_B(y')$  if and only if  $x + y = x' + y'$ , for any  $x, x' \in A$  and  $y, y' \in B$ , then  $A + B \cong \psi_A(A) + \psi_B(B)$ . Isomorphic sumsets have the same behavior with respect to their sumset irrespective of the ambient group in which they live.

The proof of Theorem 1.1 will involve the use of modular reduction, introduced by Lev and Smeliansky [17], in the more general form developed in [8, Chapter 7]. We summarize the needed details from [8, Chapter 7].

Suppose  $A, B \subseteq \mathbb{Z}$  are finite nonempty subsets and  $n \geq 2$  is an integer. Let  $\phi_n : \mathbb{Z} \rightarrow \mathbb{Z}/n\mathbb{Z}$  denote the natural homomorphism. For each  $i \geq 0$ , let  $A_i \subseteq \mathbb{Z}/n\mathbb{Z}$  be the subset consisting of all  $x \in \mathbb{Z}/n\mathbb{Z}$  for which there are least  $i + 1$  elements of  $A$  congruent to  $x$  modulo  $n$ . Thus  $\phi_n(A) = A_0 \supseteq A_1 \supseteq A_2 \supseteq \dots$  and  $\sum_{i \geq 0} |A_i| = |A|$ . Likewise define  $B_j$  for each  $j \geq 0$ , so  $\phi_n(B) = B_0 \supseteq B_1 \supseteq B_2 \supseteq \dots$  and  $\sum_{j \geq 0} |B_j| = |B|$ . Set

$$\tilde{A} = \bigcup_{i \geq 0} (A_i \times \{i\}) \quad \text{and} \quad \tilde{B} = \bigcup_{j \geq 0} (B_j \times \{j\}).$$

Thus  $\tilde{A}, \tilde{B} \subseteq \mathbb{Z}/n\mathbb{Z} \times \mathbb{Z}$  with  $|\tilde{A}| = |A|$  and  $|\tilde{B}| = |B|$ . Then  $\tilde{A} + \tilde{B} = \bigcup_{k \geq 0} (C_k \times \{k\})$ , where

$$C_k = \bigcup_{i+j=k} (A_i + B_j)$$

for  $k \geq 0$ . Thus  $\phi_n(A + B) = C_0 \supseteq C_1 \supseteq C_2 \supseteq \dots$ . Let  $G = \mathbb{Z}/n\mathbb{Z}$  and let  $H \leq G$  be a subgroup. Consider an arbitrary  $z \in G/H$ , say corresponding to the coset  $z' + H$ . Let  $k_z \geq 0$  be the maximal integer such that  $z' + H \subseteq C_{k_z}$ , or else set  $k_z = -1$  if  $z' + H \not\subseteq C_k$  for all  $k \geq 0$ . Set

$$\delta_z = \max \left( \{0\} \cup \left\{ |(x + H) \cap A_i| + |(y + H) \cap B_j| - 1 - |H| - |(z + H) \cap C_{k_z+1}| : \right. \right. \\ \left. \left. i + j = k_z, \phi_H(x) + \phi_H(y) = z \right\} \right) \geq 0.$$

Then [8, Corollary 7.1] shows that  $\tilde{A} + \tilde{B}$  can be used to estimate the size of  $|A + B|$  as follows.

**Theorem E.** *Let  $A, B \subseteq \mathbb{Z}$  be finite, nonempty sets, let  $n \geq 2$  be an integer, and let all notation be as above. Then*

$$|A + B| \geq |\tilde{A} + \tilde{B}| + \sum_{z \in G/H} \delta_z.$$

We will use the above machinery in the case when  $\min B = 0$  and  $n = \max B$ . In such case,  $A_t \subseteq \dots \subseteq A_0 = \phi_n(A) \subseteq \mathbb{Z}/n\mathbb{Z}$ , where  $t \geq 0$  is the maximal index such that  $A_t \neq \emptyset$ ,  $\{0\} = B_1 \subseteq B_0 = \phi_n(B) \subseteq \mathbb{Z}/n\mathbb{Z}$  and  $C_{t+1} \subseteq \dots \subseteq C_0 = \phi_n(A + B) \subseteq \mathbb{Z}/n\mathbb{Z}$ ,

$$|B_0| = |B| - 1, \quad \text{and} \quad \sum_{i=0}^t |A_i| = |A|.$$

Now  $\tilde{A} + \tilde{B} = \bigcup_{i=0}^{t+1} (C_i \times \{i\})$  with  $C_0 = A_0 + B_0$ ,  $C_{t+1} = A_t + B_1 = A_t$  and

$$C_i = (A_i + B_0) \cup (A_{i-1} + B_1) = (A_i + B_0) \cup A_{i-1} \quad \text{for } i \in [1, t].$$

If  $H \leq G = \mathbb{Z}/n\mathbb{Z}$  is a subgroup, and  $z \in (G/H) \setminus \phi_H(A_0)$ , then set

$$\delta'_z = \max \left( \{0\} \cup \{ |(x+H) \cap A_0| + |(y+H) \cap B_0| - 1 - |H| : \phi_H(x) + \phi_H(y) = z \} \right) \geq 0.$$

As a special case of Theorem E, we obtain the following corollary.

**Corollary 2.2.** *Let  $A, B \subseteq \mathbb{Z}$  be finite, nonempty sets with  $0 = \min B$  and  $n = \max B \geq 2$ , and let all notation be as above. Then*

$$|A + B| \geq |A_0 + B_0| + |A| + \sum_{\substack{z \in G/H \\ z \notin \phi_H(A_0)}} \delta'_z.$$

*Proof.* For  $z \in G/H$ , let  $c_z = |(z' + H) \cap C_1|$ , where  $z$  corresponds to the coset  $z' + H$ . Recall that  $B_1 = \{0\}$ . Then, by Theorem E, we have

$$\begin{aligned} |A + B| &\geq |\tilde{A} + \tilde{B}| + \sum_{\substack{z \in G/H \\ z \notin \phi_H(A_0)}} \delta_z \geq |A_0 + B_0| + \sum_{i=0}^t |A_i + B_1| + \sum_{\substack{z \in G/H \\ z \notin \phi_H(A_0)}} c_z + \sum_{\substack{z \in G/H \\ z \notin \phi_H(A_0)}} \delta_z \\ (6) \quad &= |A_0 + B_0| + \sum_{i=0}^t |A_i| + \sum_{\substack{z \in G/H \\ z \notin \phi_H(A_0)}} (c_z + \delta_z) = |A_0 + B_0| + |A| + \sum_{\substack{z \in G/H \\ z \notin \phi_H(A_0)}} (c_z + \delta_z). \end{aligned}$$

Consider an arbitrary  $z \in G/H$  with  $z \notin \phi_H(A_0)$ . If  $k_z \geq 1$ , then  $c_z = |H| > \delta'_z$ , with the inequality holding trivially by definition of  $\delta'_z$ , and the equality following from the definitions of  $k_z$  and  $c_z$ . Otherwise, it follows from the definitions involved that  $c_z + \delta_z \geq \delta'_z$ . Regardless, we find  $\sum_{\substack{z \in G/H \\ z \notin \phi_H(A_0)}} (c_z + \delta_z) \geq \sum_{\substack{z \in G/H \\ z \notin \phi_H(A_0)}} \delta'_z$ , which combined with (6) yields the desired lower bound.  $\square$

The idea of using compression to estimate sumsets in higher dimensional spaces is a classical technique. See [8, Section 7.3]. We outline briefly what we will need. Let  $A, B \subseteq \mathbb{R}^2$  be finite, nonempty subsets. Let  $x, y \in \mathbb{R}^2$  be a basis for  $\mathbb{R}^2$ . We can decompose  $A = \bigcup_{\alpha \in I} A_\alpha$ , where each  $A_\alpha = (\alpha + \mathbb{R}x) \cap A \neq \emptyset$ . Then  $|I|$  equals the number of lines parallel to the line  $\mathbb{R}x$  that intersect  $A$ . We can likewise decompose  $B = \bigcup_{\beta \in J} B_\beta$ . The linear compression (with respect to  $x$ ) of  $A$  is the set  $C_{x,y}(A)$  obtained by taking  $A$  and replacing the elements from each  $A_\alpha$  by the

arithmetic progression with difference  $x$  and length  $|A_\alpha|$  contained in  $\alpha + \mathbb{R}x$  whose first term lies on the line  $\mathbb{R}y$ . We likewise define  $C_{x,y}(B)$ . A simple argument (see [8, eq. (7.18)]) shows

$$|A + B| \geq |C_{x,y}(A) + C_{x,y}(B)|.$$

Finally, we will need the following discrete analog of the Brunn-Minkowski Theorem for two-dimensional sumsets [9, Theorem 1.3] [8, Theorem 7.3].

**Theorem F.** *Let  $A, B \subseteq \mathbb{R}^2$  be finite, nonempty subsets, let  $\ell \subseteq \mathbb{R}^2$  be a line, let  $m$  be the number of lines parallel to  $\ell$  that intersect  $A$ , and let  $n$  be the number of parallel lines to  $\ell$  that intersect  $B$ . Then*

$$|A + B| \geq \left( \frac{|A|}{m} + \frac{|B|}{n} - 1 \right) (m + n - 1).$$

### 3. THE PROOF

We begin with a lemma showing that a pair of sets  $A, B \subseteq \mathbb{Z}$  being short arithmetic progressions modulo  $N$  with common difference forces the sumset  $A + B$  to be isomorphic to a two-dimensional sumset from  $\mathbb{Z}^2$ .

**Lemma 3.1.** *Let  $A, B \subseteq \mathbb{Z}$  be finite, nonempty subsets, let  $N \geq 1$  be an integer, and let  $\varphi : \mathbb{Z} \rightarrow \mathbb{Z}/N\mathbb{Z}$  be the natural homomorphism. Suppose  $\varphi(A)$  and  $\varphi(B)$  are arithmetic progressions with common difference  $d \in [1, N - 1]$  modulo  $N$  such that  $|\varphi(A)| + |\varphi(B)| - 1 \leq \text{ord}(\varphi(d))$ . Then there is a Freiman isomorphism*

$$A + B \cong \bigcup_{i=0}^{m-1} (X_i \times \{i\}) + \bigcup_{j=0}^{n-1} (Y_j \times \{j\}) \subseteq \mathbb{Z}^2,$$

where  $A = A_0 \cup \dots \cup A_{m-1}$  and  $B = B_0 \cup \dots \cup B_{n-1}$  are the partitions of  $A$  and  $B$  into distinct residue classes modulo  $N$  indexed so that  $\varphi(A_i) - \varphi(A_{i-1}) = \varphi(B_j) - \varphi(B_{j-1}) = \varphi(d)$  for all  $i \in [1, m - 1]$  and  $j \in [1, n - 1]$ , with  $\alpha_0 \in A_0$ ,  $\beta_0 \in B_0$ ,  $\alpha_i = \alpha_0 + id$ ,  $\beta_j = \beta_0 + jd$ ,  $X_i = \frac{1}{N} \cdot (A_i - \alpha_i) \subseteq \mathbb{Z}$  and  $Y_j = \frac{1}{N} \cdot (B_j - \beta_j) \subseteq \mathbb{Z}$ , for  $i \in [0, m - 1]$  and  $j \in [0, n - 1]$ .

*Proof.* Let  $d \in [1, N - 1] \subseteq \mathbb{Z}$  be the common difference modulo  $N$  for the arithmetic progressions  $\varphi(A)$  and  $\varphi(B)$ , and let  $\alpha_0 \in A_0$  and  $\beta_0 \in B_0$ . Set

$$(7) \quad \alpha_i = \alpha_0 + id \quad \text{and} \quad \beta_j = \beta_0 + jd, \quad \text{for } i \in [0, m - 1] \text{ and } j \in [0, n - 1].$$

Then each  $\alpha_i$  is a representative modulo  $N$  for the residue classes  $A_i$ , and each  $\beta_j$  is a representative modulo  $N$  for the residue classes  $B_j$ , for  $i \in [0, m - 1]$  and  $j \in [0, n - 1]$ . Note

$$m + n - 1 = |\varphi(A)| + |\varphi(B)| - 1 \leq \text{ord}(\varphi(d))$$

by hypothesis. As a result,

$$(8) \quad \alpha_i + \beta_j \equiv \alpha_{i'} + \beta_{j'} \pmod{N} \quad \text{if and only if} \quad i + j = i' + j'.$$



For  $i \in [0, m - 1]$  and  $j \in [0, n - 1]$ , set  $X_i = \frac{1}{N} \cdot (A_i - \alpha_i) \subseteq \mathbb{Z}$  and  $Y_j = \frac{1}{N} \cdot (B_j - \beta_j) \subseteq \mathbb{Z}$ . Thus  $A_i = \alpha_i + N \cdot X_i$  and  $B_j = \beta_j + N \cdot Y_j$  for  $i \in [0, m - 1]$  and  $j \in [0, n - 1]$ . Define the maps  $\varphi_A : A \rightarrow \mathbb{Z}^2$  and  $\varphi_B : B \rightarrow \mathbb{Z}^2$  by

$$\varphi_A(\alpha_i + Nx) = (x, i) \quad \text{and} \quad \varphi_B(\beta_j + Ny) = (y, j),$$

where  $x \in X_i$  and  $y \in Y_j$ . Then  $\varphi_A$  and  $\varphi_B$  are clearly injective on  $A$  and  $B$ , respectively.

Suppose  $(\alpha_i + Nx) + (\beta_j + Ny) = (\alpha_{i'} + Nx') + (\beta_{j'} + Ny')$ . Reducing modulo  $N$  and applying (8), it follows that  $i + j = i' + j'$ , in turn implying  $\alpha_i + \beta_j = \alpha_{i'} + \beta_{j'}$  per the definitions in (7). But now  $(\alpha_i + Nx) + (\beta_j + Ny) = (\alpha_{i'} + Nx') + (\beta_{j'} + Ny')$  implies  $N(x + y) = N(x' + y')$ , and thus  $x + y = x' + y'$  as  $N \neq 0$ . It follows that

$$\varphi_A(\alpha_i + Nx) + \varphi_B(\beta_j + Ny) = (x + y, i + j) = (x' + y', i' + j') = \varphi_A(\alpha_{i'} + Nx') + \varphi_B(\beta_{j'} + Ny').$$

Conversely, if  $\varphi_A(\alpha_i + Nx) + \varphi_B(\beta_j + Ny) = \varphi_A(\alpha_{i'} + Nx') + \varphi_B(\beta_{j'} + Ny')$ , then  $(x + y, i + j) = (x' + y', i' + j')$  follows, implying  $x + y = x' + y'$  and  $i + j = i' + j'$ . Hence (7) ensures  $\alpha_i + \beta_j = \alpha_{i'} + \beta_{j'}$ , and now

$$(\alpha_i + Nx) + (\beta_j + Ny) = \alpha_i + \beta_j + N(x + y) = \alpha_{i'} + \beta_{j'} + N(x' + y') = (\alpha_{i'} + Nx') + (\beta_{j'} + Ny').$$

This shows that  $A + B$  is Freiman isomorphic to the sumset  $\varphi_A(A) + \varphi_B(B) = \bigcup_{i=0}^{m-1} (X_i \times \{i\}) + \bigcup_{j=0}^{n-1} (Y_j \times \{j\}) \subseteq \mathbb{Z}^2$ , completing the proof.  $\square$

**Lemma 3.2.** *Let  $x \geq 1$  and  $y \geq 3$  be integers and let  $s \geq 1$  be the integer with*

$$(s - 1)s\left(\frac{y}{2} - 1\right) + s - 1 < x \leq s(s + 1)\left(\frac{y}{2} - 1\right) + s.$$

*Then*

$$\min \left\{ \left\lceil \left(\frac{x}{m} + \frac{y}{n} - 1\right)(m + n - 1) \right\rceil : m, n \in \mathbb{Z}, x \geq m \geq 1, \frac{y}{3} + 1 \geq n \geq 2 \right\} = \left\lceil \left(\frac{x}{s} + \frac{y}{2} - 1\right)(s + 1) \right\rceil.$$

*Proof.* Assuming the lemma fails, we obtain

$$(9) \quad \left(\frac{x}{m} + \frac{y}{n} - 1\right)(m + n - 1) - \left(\frac{x}{s} + \frac{y}{2} - 1\right)(s + 1) + \frac{1}{s} \leq 0$$

for some integers  $m \geq 1$  and  $n \geq 2$  with  $y \geq 3n - 3$  and  $x \geq m$  (note  $(\frac{x}{s} + \frac{y}{2} - 1)(s + 1)$  can be expressed as a rational fraction with denominator  $s$  regardless of the parity of  $s$ ). Multiplying (9) by  $2smn$  yields

$$(10) \quad 2n(s(n - 1) - m)x + sm(2m - 2 - (s - 1)n)y - 2smn(m + n - s - 2) + 2mn \leq 0$$

**Case 1:**  $n = 2$ .

*Proof.* In this case, (10) yields  $2(s - m)x \leq sm(s - m)y - 2sm(s - m) - 2m$ , implying  $m \neq s$ . If  $m \leq s - 1$ , then we obtain  $x \leq sm(y/2 - 1) - \frac{m}{s - m}$ . Considering this upper bound as a function of  $m$ , we find that its discrete derivative (its value at  $m + 1$  minus its value at  $m$ ) equals  $s\left(\frac{y}{2} - 1 - \frac{1}{(s - m)(s - m - 1)}\right) \geq 0$  (for  $m \leq s - 2$ ), meaning it is maximized when  $m$  achieves the upper bound  $m = s - 1$ , yielding  $x \leq s(s - 1)(y/2 - 1) - s + 1$ , contrary to hypothesis. On the

other hand, if  $m \geq s + 1$ , then we obtain  $x \geq sm(y/2 - 1) + \frac{m}{m-s}$ . Considering this lower bound as a function of  $m$ , we find that its discrete derivative (its value at  $m + 1$  minus its value at  $m$ ) equals  $s(\frac{y}{2} - 1 - \frac{1}{(m-s)(m+1-s)}) \geq 0$  (for  $m \geq s + 1$ ), meaning it is minimized when  $m$  achieves the lower bound  $m = s + 1$ , yielding  $x \geq s(s + 1)(y/2 - 1) + s + 1$ , contrary to hypothesis, completing the case.  $\square$

In view of Case 1, we now assume  $n \geq 3$ .

**Case 2:**  $s(n - 1) \geq m$ .

*Proof.* In this case, the coefficient of  $x$  in (10) is non-negative.

Suppose first that  $s = 1$ , in which case the coefficient of  $y$  in (10) is also non-negative. Thus using the estimates  $x \geq m$  and  $y \geq 3n - 3$  in (10), followed by the estimate  $n \geq 3$  (in view of Case 1), yields the contradiction (dividing all terms by  $2m$ )

$$0 \geq nm - 3m + 3 \geq 3.$$

So we now assume  $s \geq 2$ .

As the coefficient of  $x$  in (10) is non-negative, applying the hypothesis  $x \geq s(s - 1)(y/2 - 1) + s$  yields

$$(11) \quad \left( s(s - 1)n^2 - (s - 1)(s + 2m)n + 2m^2 - 2m \right) y - 2(s^2 - 2s + m)n^2 - 2(m^2 - 2sm - \frac{m}{s} - s^2 + 2s)n \leq 0.$$

We next need to show that the coefficient of  $y$  in (11) is non-negative. To this end, assume by contradiction that

$$(12) \quad s(s - 1)n^2 - (s - 1)(s + 2m)n + 2m^2 - 2m < 0.$$

Since  $m$  and  $s$  are positive integers, (12) fails for  $s = 1$ , allowing us to assume  $s \geq 2$ . Thus (12) is quadratic in  $n$  with positive lead coefficient. The expression in (12) has non-negative derivative for  $n \geq \frac{s+2m}{2s}$ . Consequently, since our case hypothesis gives  $n \geq \frac{m}{s} + 1 > \frac{s+2m}{2s}$ , we conclude that the derivative with respect to  $n$  in (12) is non-negative. In particular, (12) must hold with  $n = \frac{m+s}{s}$ , yielding

$$(s + 1)m(m - s) < 0.$$

Thus  $m \leq s - 1$ . Since the derivative with respect to  $n$  in (12) is non-negative for  $n \geq \frac{s+2m}{2s}$  and  $n \geq 2 > \frac{s+2m}{2s}$  (as  $m \leq s - 1$ ), it follows that (12) must also hold for  $n = 2$ , yielding

$$2(m - s)(m - s + 1) < 0,$$

which contradicts that  $m \leq s - 1$ . So we conclude that (12) fails, meaning the coefficient of  $y$  in (10) is non-negative.

As a result, applying the hypothesis  $y \geq 3n - 3$  in (11) yields

$$(13) \quad (4n - 6)m^2 - (n^2(6s - 4) - (10s - 12 + \frac{2}{s})n - 6)m + sn(n - 1)(3(s - 1)n - 5s + 7) \leq 0.$$

The above expression is quadratic in  $m$  with positive lead coefficient  $4n - 6 > 0$  (as  $n \geq 2$ ) and discriminant equal to 4 times the quantity

$$(14) \quad -n(n-2)(n-3)(3n-5)s^2 - 2n(n-2)(n-3)s + (4n^4 - 30n^3 + 58n^2 - 36n + 9) + \frac{n^2 + s(4n^3 - 12n^2 + 6n)}{s^2}$$

Since  $n \geq 3$  is an integer, the derivative with respect to  $s$  of (14) is negative, meaning (14) is maximized for  $s = 2$ , in which case it equals  $-8n^4 + 48n^3 - 100n^2 + 63n + \frac{1}{4}n^2 + 9$ , which is negative for  $n \geq 2$  (it has two complex roots with largest real root less than 2). Thus the discriminant of (13) is negative for  $s \geq 2$ , contradicting that (13) is non-positive, which completes Case 2.  $\square$

**Case 3:**  $s(n-1) < m$ .

*Proof.* In this case, the coefficient of  $x$  in (10) is negative, so we can apply the estimate  $x \leq s(s+1)(y/2 - 1) + s$  to yield

$$(15) \quad \left( s(s+1)n^2 - s(s+2m+1)n + 2m^2 - 2m \right) y - 2(s^2 + m)n^2 + 2(s^2 + 2sm - m^2 + 2m + \frac{m}{s})n \leq 0.$$

We next need to show that the coefficient of  $y$  in (15) is non-negative. To this end, assume by contradiction that

$$(16) \quad 2m^2 - (2sn + 2)m + s(s+1)n(n-1) = s(s+1)n^2 - s(s+2m+1)n + 2m^2 - 2m < 0.$$

Considering (16) as a function of  $m$ , we find that it has positive derivative when  $m \geq \frac{sn+1}{2}$ . Thus, since  $m > s(n-1) \geq \frac{sn+1}{2}$  by case hypothesis (in view of  $n \geq 3$ ), we see that (12) is minimized when  $m = s(n-1)$ , yielding

$$(n-1)(n-2)s(s+1) < 0,$$

which fails in view of  $s \geq 1$  and  $n \geq 2$ . So we instead conclude that the coefficient of  $y$  in (15) is non-negative.

As a result, applying the hypothesis  $y \geq 3n - 3$  in (15) yields

$$(17) \quad (4n-6)m^2 - (6sn^2 + 2n^2 - 10sn + 2n - 6 - \frac{2n}{s})m + sn(3sn^2 + 3n^2 - 8sn - 6n + 5s + 3) \leq 0.$$

The above expression is quadratic in  $m$  with positive lead coefficient  $4n - 6 > 0$  (as  $n \geq 2$ ) and discriminant equal to 4 times the quantity

$$(18) \quad \begin{aligned} & -n(n-2)(n-3)(3n-5)s^2 - 2n(n-2)(n-3)(3n-4)s + (n^4 - 4n^3 + 5n^2 - 6n + 9) \\ & \quad + \frac{n^2 + s(6n - 2n^2 - 2n^3)}{s^2} \end{aligned}$$

Since  $n \geq 3$  is an integer, the derivative with respect to  $s$  of (18) is non-positive, meaning (18) is maximized for  $s = 1$ , in which case it equals  $-8n^4 + 54n^3 - 114n^2 + 72n + 9$ , which is negative for  $n \geq 4$  (it has two complex roots with largest real root less than 4). Thus the discriminant of

(17) is negative for  $n \geq 4$ , contradicting that (17) is non-positive. It remains only to consider the case when  $n = 3$ .

For  $n = 3$ , (17) becomes (dividing all terms by 6)

$$(19) \quad m^2 - (4s + 3 - \frac{1}{s})m + s(4s + 6) \leq 0.$$

By case hypothesis,  $m \geq (n - 1)s + 1 = 2s + 1$ , while (19) is minimized for  $m = 2s + 1 + \frac{1}{2} - \frac{1}{2s}$ . Thus, since  $m$  is an integer, we see (19) is minimized when  $m = 2s + 1$ , in which case (19) yields the contradiction  $1/s \leq 0$ , which is a proof concluding contradiction.  $\square$

$\square$

The following proposition gives a rough estimate for the resulting bound from Lemma 3.2.

**Proposition 3.3.** *For real numbers  $x, y, s > 0$  with  $y > 2$ , we have*

$$\left(\frac{x}{s} + \frac{y}{2} - 1\right)(s + 1) \geq x + \frac{y}{2} - 1 + 2\sqrt{x\left(\frac{y}{2} - 1\right)}.$$

*Proof.* We have  $\left(\frac{x}{s} + \frac{y}{2} - 1\right)(s + 1) = x + \frac{y}{2} - 1 + \frac{x}{s} + s\left(\frac{y}{2} - 1\right)$ . Thus, if the proposition fails, then  $0 < \frac{2x}{s} + (y - 2)s < \sqrt{8x(y - 2)}$ . Multiplying by  $s$  and squaring both sides, we obtain  $4x^2 + (y - 2)^2s^4 + 4s^2x(y - 2) < 8s^2x(y - 2)$ , implying

$$0 > 4x^2 + (y - 2)^2s^4 - 4s^2x(y - 2) = (2x - (y - 2)s^2)^2,$$

which is not possible.  $\square$

We now proceed with the proof of our main result.

*Proof of Theorem 1.1.* We may w.l.o.g. assume  $0 = \min A = \min B$  and  $\gcd(A + B) = 1$ . In view of (4), we have

$$|A + B| < |A| + \frac{|A|}{s} + \frac{s + 1}{2}|B| - s - 1.$$

Let us begin by showing it suffices to prove the theorem in the case  $\gcd^*(B) = 1$ , that is, when  $B - B$  generates  $\langle A + B \rangle_* = \mathbb{Z}$ . To this end, assume we know the theorem is true when  $\gcd^*(B) = 1$  but  $\gcd^*(B) = d \geq 2$ . We can partition  $A = A_1 \cup A_2 \cup \dots \cup A_t$  with each  $A_i$  a maximal nonempty subset of elements congruent to each other modulo  $d$ . For  $i \in [1, t]$ , let  $s_i \geq 1$  be the integer with

$$(s_i - 1)s_i(|B|/2 - 1) + s_i - 1 < |A_i| \leq s_i(s_i + 1)(|B|/2 - 1) + s_i.$$

Note that  $\gcd^*(A_i + B) = d = \gcd^*(B)$  for every  $i \in [1, t]$ . Thus, if  $|A_i + B| < \left(\frac{|A_i|}{s_i} + \frac{|B|}{2} - 1\right)(s_i + 1)$  for some  $i \in [1, t]$ , then we could apply the case  $\gcd^*(B) = 1$  to the sumset  $A_i + B$  (since  $B - B$  generates  $d\mathbb{Z} = \langle A_i + B \rangle_*$ ) thereby obtaining the desired conclusion for  $B$ . Therefore, we can instead assume this fails, meaning

$$(20) \quad |A_i + B| \geq \left(\frac{|A_i|}{s_i} + \frac{|B|}{2} - 1\right)(s_i + 1) = |A_i| + \frac{|A_i|}{s_i} + \frac{s_i + 1}{2}|B| - s_i - 1 \quad \text{for every } i \in [1, t].$$

Since the sets  $A_i$  are distinct modulo  $d$  with  $B \subseteq d\mathbb{Z}$ , it follows that the sets  $A_i + B$  are disjoint for  $i \in [1, t]$ . Thus

$$(21) \quad |A + B| \geq \sum_{i=1}^t |A_i + B| \geq \sum_{i=1}^t \left( |A_i| + \frac{|A_i|}{s_i} + \frac{s_i + 1}{2} |B| - s_i - 1 \right),$$

with the latter inequality in view of (20). Let  $m = s_1 + \dots + s_t$ . Note  $|A_1| + \dots + |A_t| = |A|$  and  $1 \leq s_i \leq |A_i|$  for all  $i \in [1, t]$  (in view of the definition of  $s_i$ ). Thus  $1 \leq t \leq m \leq |A|$ . A simple inductive argument on  $t$  (with base case  $t = 2$ ) shows that  $\sum_{i=1}^t \frac{x_i}{y_i} \geq \left( \sum_{i=1}^t x_i \right) / \left( \sum_{i=1}^t y_i \right)$  holds for any positive real numbers  $x_1, y_1, \dots, x_t, y_t > 0$ . In particular,  $\sum_{i=1}^t \frac{|A_i|}{s_i} \geq \left( \sum_{i=1}^t |A_i| \right) / \left( \sum_{i=1}^t s_i \right) = \frac{|A|}{m}$ . Applying this estimate in (21), along with the identities  $|A_1| + \dots + |A_t| = |A|$  and  $m = s_1 + \dots + s_t$ , yields

$$(22) \quad \begin{aligned} |A + B| &\geq |A| + \frac{|A|}{m} + \frac{m}{2} |B| - m + t(|B|/2 - 1) \geq |A| + \frac{|A|}{m} + \frac{m}{2} |B| - m + |B|/2 - 1 \\ &= \left( \frac{|A|}{m} + \frac{|B|}{2} - 1 \right) (m + 1). \end{aligned}$$

Since  $1 \leq m \leq |A|$ ,  $|B| \geq 3$  and  $2 \leq \frac{|B|}{3} + 1$ , Lemma 3.2 (applied with  $x = |A|$ ,  $y = |B|$ , and  $n = 2$ ) implies  $\lceil \left( \frac{|A|}{m} + \frac{|B|}{2} - 1 \right) (m + 1) \rceil \geq \left( \frac{|A|}{s} + \frac{|B|}{2} - 1 \right) (s + 1)$ . As a result, since  $|A + B|$  is an integer, we see that (22) yields the lower bound  $|A + B| \geq \left( \frac{|A|}{s} + \frac{|B|}{2} - 1 \right) (s + 1)$ , contrary to hypothesis. So it remains to prove the theorem when  $\gcd^*(B) = 1$ , which we now assume.

We proceed by induction on  $|A|$ . Note, if  $|A| = 1$ , then  $s = 1$  and the bound  $|A + B| \geq |B| = \left( \frac{|A|}{s} + \frac{|B|}{2} - 1 \right) (s + 1)$  holds trivially. This completes the base of the induction and allows us to assume  $|A| \geq 2$ .

Suppose  $\gcd^*(A) = d > 1$ . Then  $A$  is contained in a  $d\mathbb{Z}$ -coset. In view of  $\gcd^*(B) = 1$  and  $d \geq 2$ , it follows that there are  $t \geq 2$   $d\mathbb{Z}$ -coset representatives  $\beta_1, \dots, \beta_t \in \mathbb{Z}$  such that each slice  $B_{\beta_i} = (\beta_i + \mathbb{Z}) \cap B$  is nonempty for  $i \in [1, t]$ . Applying Theorem C to  $A + B_{\beta_i}$  for each  $i \in [1, t]$  yields  $|A + B| \geq \sum_{i=1}^t (|A| + |B_{\beta_i}| - 1) = t(|A| - 1) + |B| \geq 2|A| + |B| - 2 \geq \left( \frac{|A|}{s} + \frac{|B|}{2} - 1 \right) (s + 1)$ , with the final inequality in view of Lemma 3.2 (applied with  $x = |A|$ ,  $y = |B|$ ,  $m = 1$  and  $n = 2$ ), contrary to hypothesis. So we instead conclude that

$$\gcd^*(A) = \gcd^*(B) = 1.$$

By translation, we may assume  $B \subseteq [0, n]$  and  $A \subseteq [0, m]$  with  $0, n \in B$  and  $0, m \in A$ . Define  $P_B := [0, n]$ . Let  $\phi_n : \mathbb{Z} \rightarrow \mathbb{Z}/n\mathbb{Z}$  be the reduction modulo  $n$  homomorphism and set  $G = \mathbb{Z}/n\mathbb{Z}$ . We aim to use modular reduction as described above Corollary 2.2. To that end, let  $\tilde{A}$  and  $\tilde{B}$ , as well as all associated notation, be defined as above Corollary 2.2 using the modulus

$n = \max B - \min B$ . In particular,  $A_t \subseteq \dots \subseteq A_0 = \phi_n(A) \subseteq \mathbb{Z}/n\mathbb{Z}$ , where  $t \geq 0$  is the maximal index such that  $A_t \neq \emptyset$ ,  $B_1 = \{0\}$ ,  $B_0 = \phi_n(B) \subseteq \mathbb{Z}/n\mathbb{Z}$ ,  $|B_0| = |B| - 1$ ,  $\sum_{i=0}^t |A_i| = |A|$ , and

$$n = |P_B| - 1.$$

**Case 1:**  $A_0 + B_0 = \mathbb{Z}/n\mathbb{Z}$ .

*Proof.* In this case, Corollary 2.2 implies that  $|A| + |B| + r = |A + B| \geq |A_0 + B_0| + |A| = n + |A|$ , implying  $|P_B| = n + 1 \leq |B| + 1 + r$ , as desired.  $\square$

**Case 2:**  $|A_0 + B_0| < \min\{n, |A_0| + |B_0| - 1\}$ .

*Proof.* Let  $H = \mathbf{H}(A_0 + B_0) \leq G$ . In view of the case hypothesis, Kneser's Theorem (Theorem B) implies that  $H$  is a *proper*, nontrivial subgroup of  $G = \mathbb{Z}/n\mathbb{Z}$  with  $|A_0 + B_0| \geq |H + A_0| + |H + B_0| - |H|$  and

$$(23) \quad |\phi_H(A_0) + \phi_H(B_0)| = |\phi_H(A_0)| + |\phi_H(B_0)| - 1 < |G/H|.$$

Note  $\phi_H(A_0) + \phi_H(B_0)$  is aperiodic as  $H = \mathbf{H}(A_0 + B_0)$  is the maximal period of  $A_0 + B_0$ , and

$$(24) \quad |(H + A_0) \setminus A_0| + |(H + B_0) \setminus B_0| \leq |H| - 2,$$

else  $|A_0 + B_0| \geq |A_0| + |B_0| - 1$  (in view of the bound from Kneser's Theorem), contrary to case hypothesis. In view of (23) and  $G/H$  being nontrivial (as  $H < G$  is proper), we can apply the Kemperman Structure Theorem (Theorem D) to  $\phi_H(A_0) + \phi_H(B_0)$ . Then there exists a proper subgroup  $L < G$  with  $H \leq L$  such that  $(\phi_L(A_0), \phi_L(B_0))$  is an elementary pair of some type (I)–(IV). Indeed, if type (IV) occurs, then  $L = H$ . Moreover, for types (I)–(III), there exist nonempty  $L$ -coset slices  $A_\emptyset \subseteq A_0$  and  $B_\emptyset \subseteq B_0$  inducing  $L$ -quasi-periodic decompositions in  $H + A$  and  $H + B$ , so  $H + (A_0 \setminus A_\emptyset)$  and  $H + (B_0 \setminus B_\emptyset)$  are both  $L$ -periodic,  $\phi_H(A_\emptyset) + \phi_H(B_\emptyset) \in \phi_H(A) + \phi_H(B)$  is a unique expression element, and

$$|A_\emptyset + B_\emptyset| = |H + A_\emptyset| + |H + B_\emptyset| - |H|.$$

**Subcase 2.1:**  $(\phi_L(A_0), \phi_L(B_0))$  has type (I).

In this case, either  $|\phi_L(A_0)| = 1$  or  $|\phi_L(B_0)| = 1$ , both contradicting that  $\gcd^*(A) = \gcd^*(B) = 1$  in view of  $L < G = \mathbb{Z}/n\mathbb{Z}$  being a *proper* subgroup.

**Subcase 2.2:**  $(\phi_L(A_0), \phi_L(B_0))$  has type (IV).

In this case,  $H = L$ ,  $|\phi_H(A_0)|, |\phi_H(B_0)| \geq 3$ , every element in  $\phi_H(A_0) + \phi_H(B_0)$  has at least 2 representations, and

$$|A_0 + B_0| = |G| - |H|.$$

Since  $|\phi_H(A_0) + \phi_H(B_0)| = |\phi_H(A_0)| + |\phi_H(B_0)| - 1 \geq |\phi_H(A_0)| + 2$ , it follows that there are two distinct  $H$ -cosets  $\gamma_1 + H$  and  $\gamma_2 + H$  which intersect  $A_0 + B_0$  but not  $A_0$ . For each  $\gamma_i$ , we can find  $\alpha_i \in A_0$  and  $\beta_i \in B_0$  such that  $\gamma_i + H = \alpha_i + \beta_i + H$ , and we choose the pair  $(\alpha_i, \beta_i)$

to maximize  $|A_0 \cap (\alpha_i + H)| + |B_0 \cap (\beta_i + H)|$ . Since every element in  $\phi_H(A_0) + \phi_H(B_0)$  has at least 2 representations, it follows from the pigeonhole principle and (24) that

$$|A_0 \cap (\alpha_i + H)| + |B_0 \cap (\beta_i + H)| \geq 2|H| - \frac{1}{2}(|H| - 2) = \frac{3}{2}|H| + 1 \quad \text{for } i = 1, 2.$$

Since each  $\gamma_i + H$  does not intersect  $A_0 = A_0 + B_1$ , it follows from Corollary 2.2 that

$$\begin{aligned} |A| + |B| + r = |A + B| &\geq |A_0 + B_0| + |A| + 2\left(\frac{3}{2}|H| + 1 - 1 - |H|\right) \\ &= |A_0 + B_0| + |A| + |H| = |G| + |A| = n + |A|, \end{aligned}$$

implying  $|P_B| = n + 1 \leq |B| + r + 1$ , as desired.

**Subcase 2.3:**  $(\phi_L(A_0), \phi_L(B_0))$  has type (III).

In this case,  $|\phi_L(A_0)|, |\phi_L(B_0)| \geq 3$  and

$$|A_0 + B_0| = |(A_0 + B_0) \setminus (A_\emptyset + B_\emptyset)| + |A_\emptyset + B_\emptyset| = (|G| - |L|) + (|H + A_\emptyset| + |H + B_\emptyset| - |H|).$$

Moreover, by Lemma 2.1, we have

$$(25) \quad \phi_L(A_0 \setminus A_\emptyset) + \phi_L(B_0 \setminus B_\emptyset) = \phi_L(A_0 + B_0) \setminus \phi_L(A_\emptyset + B_\emptyset).$$

Since  $|\phi_L(A_0) + \phi_L(B_0)| = |\phi_L(A_0)| + |\phi_L(B_0)| - 1 \geq |\phi_L(A_0)| + 2$ , it follows that there is some  $L$  coset  $\gamma + L$  that intersects  $A_0 + B_0$  but not  $A_\emptyset$  and which is distinct from the  $L$ -coset  $A_\emptyset + B_\emptyset + L$ . Then (25) ensures there are  $\alpha \in A_0 \setminus A_\emptyset$  and  $\beta \in B_0 \setminus B_\emptyset$  with  $\alpha + \beta + L = \gamma + L$ . As a result, since  $H + (A_0 \setminus A_\emptyset)$  and  $H + (B_0 \setminus B_\emptyset)$  are both  $L$ -periodic, it follows that

$$|A_0 \cap (\alpha + L)| + |B_0 \cap (\beta + L)| \geq 2|L| - (|(H + A_0) \setminus A_\emptyset| + |(H + B_0) \setminus B_\emptyset|) \geq 2|L| - |H| + 2,$$

with the final inequality in view of (24). Since  $\gamma + L$  does not intersect  $A_\emptyset$ , it follows from Corollary 2.2 that

$$\begin{aligned} |A| + |B| + r = |A + B| &\geq |A_0 + B_0| + |A| + (2|L| - |H| + 2 - |L| - 1) \\ &= |A_0 + B_0| + |A| + |L| - |H| + 1 \\ &= (|G| - |L| + |H + A_\emptyset| + |H + B_\emptyset| - |H|) + |A| + |L| - |H| + 1 \\ &\geq |G| + |A| + 1 = n + 1 + |A|, \end{aligned}$$

implying  $|P_B| = n + 1 < |B| + r + 1$ , as desired.

**Subcase 2.4:**  $(\phi_L(A_0), \phi_L(B_0))$  has type (II).

In this case, Lemma 3.1 implies that  $A + B$  is Freiman isomorphic to a sumset  $A' + B' \subseteq \mathbb{Z}^2$  with  $B'$  contained in exactly  $n' = |\phi_L(B_0)| \geq 2$  lines parallel to the horizontal axis, and  $A'$  contained in exactly  $m' = |\phi_L(A_0)| \geq 2$  lines parallel to the horizontal axis. Let  $x = (1, 0)$  and  $y = (0, 1)$ . Compressing along the horizontal axis results in a sumset  $A'' + B'' \subseteq \mathbb{Z}^2$ , where  $A'' = C_{x,y}(A')$  and  $B'' = C_{x,y}(B')$ . Then  $|A + B| = |A' + B'| \geq |A'' + B''|$ ,  $|A''| = |A'| = |A|$  and

$|B''| = |B'| = |B|$ . Since  $H + (A_0 \setminus A_\emptyset)$  and  $H + (B_0 \setminus B_\emptyset)$  are both  $L$ -periodic with  $A_\emptyset \subseteq A_0$  and  $B_\emptyset \subseteq B_0$  each  $L$ -coset slices, it follows from (24) that

$$\begin{aligned} |(L + B_0) \setminus B_0| &= |(L + B_0) \setminus (H + B_0)| + |(H + B_0) \setminus B_0| \\ &= (|L| - |H + B_\emptyset|) + |(H + B_0) \setminus B_0| \leq |L| - |H| + |H| - 2 = |L| - 2. \end{aligned}$$

Thus

$$|B| = |B_0| + 1 \geq n'|L| - |L| + 3.$$

As a result, if  $|L| \geq 3$ , then  $|B''| = |B| \geq 3n'$ , in which case Theorem F (applied with  $\ell = \mathbb{R}x$ ) and Lemma 3.2 (applied with  $m = m'$ ,  $n = n'$ ,  $x = |A| = |A''|$  and  $y = |B| = |B''|$ ) imply  $|A + B| \geq |A'' + B''| \geq (\frac{|A|}{s} + \frac{|B|}{2} - 1)(s + 1)$ , contrary to hypothesis. Likewise, if  $|L| = 2$  and  $n' = 2$ , then  $|B''| = |B| \geq 2|L| - |L| + 3 = 5 \geq 3n' - 3$ , whence Theorem F (applied with  $\ell = \mathbb{R}x$ ) and Lemma 3.2 (applied with  $m = m'$ ,  $n = 2$ ,  $x = |A| = |A''|$  and  $y = |B| = |B''|$ ) again yield the contradiction  $|A + B| \geq |A'' + B''| \geq (\frac{|A|}{s} + \frac{|B|}{2} - 1)(s + 1)$ . We are left to consider the case when  $|L| = 2$  and  $n' \geq 3$ , in which case  $|B''| = |B| \geq n'|L| - |L| + 3 = 2n' + 1 \geq 7$ . Each horizontal line that intersects  $B''$  contains at most  $|L| + 1 \leq 3$  elements (as  $B = B_0 \cup B_1$  with  $|B_1| = 1$  and the elements of  $B_0$  distinct modulo  $n$ ), ensuring via the definition of compression that  $B''$  is contained in  $n'' \leq 3$  vertical lines. Note  $|B| \geq n'|L| - |L| + 3 = 2n' + 1 > n'$  ensures some horizontal line has at least two elements, whence  $n'' \geq 2$ . Thus Theorem F (applied with  $\ell = \mathbb{R}y$ ) and Lemma 3.2 (applied with  $n = n'' \in [2, 3]$ ,  $x = |A| = |A''|$  and  $y = |B| = |B''|$ , noting that  $|B''| = |B| \geq 7$  ensures  $3n' - 3 \leq 6 < 7 \leq |B|$ ) again yields the contradiction  $|A + B| \geq |A'' + B''| \geq (\frac{|A|}{s} + \frac{|B|}{2} - 1)(s + 1)$ , completing Case 2.  $\square$

**Case 3:**  $|A_0 + B_0| \geq |A_0| + |B_0| - 1$ .

*Proof.* Decompose  $A = \bigcup_{i=1}^{|A_0|} X_i$ ,  $B = \bigcup_{j=1}^{|B_0|} Y_j$  and  $A + B = \bigcup_{i=1}^{|A_0|} \bigcup_{j=1}^{|B_0|} (X_i + Y_j) = \bigcup_{k=1}^{|A_0+B_0|} Z_k$  modulo  $n$ , where the  $X_i \subseteq A$  are the maximal nonempty subsets of elements congruent modulo  $n$ , and likewise for the  $Y_j \subseteq B$  and  $Z_k \subseteq A + B$ . For  $i \in [1, |A_0|]$ , let  $X'_i$  be obtained from  $X_i$  by removing the smallest element from  $X_i$ . Set  $A' = \bigcup_{i=1}^{|A_0|} X'_i$  and decompose  $A' + B = \bigcup_{k=1}^{|A_0+B_0|} Z'_k$  with the  $Z'_k \subseteq Z_k$  (possibly empty). Each  $X'_i + Y_j \subseteq X_i + Y_j$  is missing the smallest element of  $X_i + Y_j$ , as this was a unique expression element in  $X_i + Y_j$ . As a result, since each  $Z_k$  is a union of sets of the form  $X_i + Y_j$ , it follow that each  $Z'_k \subseteq Z_k$  is missing the smallest element of  $Z_k$ . In consequence,

$$(26) \quad |A'| = |A| - |A_0| \quad \text{and} \quad |A' + B| \leq |A + B| - |A_0 + B_0| \leq |A + B| - |A_0| - |B| + 2,$$

with the final inequality above in view of  $|B_0| = |B| - 1$  and the case hypothesis.

If  $|A| = |A_0|$ , then Theorem E and the case hypothesis imply that  $|A + B| \geq |\tilde{A} + \tilde{B}| = |A_0 + B_0| + |A_0 + B_1| = |A_0 + B_0| + |A_0| \geq 2|A_0| + |B_0| - 1 = 2|A| + |B| - 2$ , while  $2|A| + |B| - 2 \geq (\frac{|A|}{s} + \frac{|B|}{2} - 1)(s + 1)$  follows by Lemma 3.2 (applied with  $x = |A|$ ,  $y = |B|$ ,  $m = 1$  and  $n = 2$ ),



yielding  $|A + B| \geq (\frac{|A|}{s} + \frac{|B|}{2} - 1)(s + 1)$ , which is contrary to hypothesis. Therefore we instead conclude that  $|A_0| < |A|$ , ensuring that  $A'$  is nonempty.

Let  $s' \geq 1$  be the integer such that

$$(27) \quad (s' - 1)s' \left( \frac{|B|}{2} - 1 \right) + s' - 1 < |A'| \leq s'(s' + 1) \left( \frac{|B|}{2} - 1 \right) + s'.$$

Note, since  $|A'| < |A|$ , that  $s' \leq s$ . If  $|A' + B| < (\frac{|A'|}{s'} + \frac{|B|}{2} - 1)(s' + 1)$ , then applying the induction hypothesis to  $A' + B$  yields the desired conclusion for  $B$ . Therefore we can assume

$$|A' + B| \geq \left( \frac{|A'|}{s'} + \frac{|B|}{2} - 1 \right) (s' + 1).$$

Combined with (26), we find

$$(28) \quad \begin{aligned} |A + B| &\geq \left( \frac{|A| - |A_0|}{s'} + \frac{|B|}{2} - 1 \right) (s' + 1) + |A_0| + |B| - 2 \\ &= |A| + \frac{|A|}{s'} + \frac{s' + 3}{2} |B| - s' - 3 - \frac{|A_0|}{s'}. \end{aligned}$$

Now Corollary 2.2 and the case hypothesis imply  $|A + B| \geq |A_0 + B_0| + |A| \geq |A_0| + |B_0| - 1 + |A| = |A| + |B| - 2 + |A_0|$ . Combined with the hypothesis  $|A + B| < (\frac{|A|}{s} + \frac{|B|}{2} - 1)(s + 1)$ , we conclude that

$$(29) \quad |A_0| < \frac{|A|}{s} + (s - 1) \left( \frac{|B|}{2} - 1 \right).$$

**Subcase 3.1.**  $1 \leq s' \leq s - 2$ .

In this case,  $s \geq 3$  and (27) gives  $|A| - |A_0| = |A'| \leq (s - 2)(s - 1) \left( \frac{|B|}{2} - 1 \right) + s - 2$ , which combined with (29) yields  $\frac{s-1}{s}|A| - (s - 1) \left( \frac{|B|}{2} - 1 \right) < (s - 2)(s - 1) \left( \frac{|B|}{2} - 1 \right) + s - 2$ , in turn implying

$$|A| < s(s - 1) \left( \frac{|B|}{2} - 1 \right) + \frac{s(s - 2)}{s - 1} < s(s - 1) \left( \frac{|B|}{2} - 1 \right) + s.$$

However, this contradicts the hypothesis  $|A| \geq (s - 1)s \left( \frac{|B|}{2} - 1 \right) + s$ .

**Subcase 3.2:**  $s' = s$ .

In this case, the bounds defining  $s$  and  $s'$  ensure

$$|A_0| = |A| - |A'| \leq \left( s(s + 1) \left( \frac{|B|}{2} - 1 \right) + s \right) - \left( s(s - 1) \left( \frac{|B|}{2} - 1 \right) + s \right) = s(|B| - 2).$$

Thus (28) implies

$$\begin{aligned} |A + B| &\geq |A| + \frac{|A|}{s} + \frac{s + 1}{2} |B| - s - 1 + |B| - 2 - \frac{|A_0|}{s} \\ &\geq |A| + \frac{|A|}{s} + \frac{s + 1}{2} |B| - s - 1 = \left( \frac{|A|}{s} + \frac{|B|}{2} - 1 \right) (s + 1), \end{aligned}$$

which is contrary to hypothesis.

**Subcase 3.2:**  $1 \leq s' = s - 1$ .

In this case,  $s \geq 2$ , while (28) and (29) yield

$$|A + B| > |A| + \frac{|A|}{s-1} + \frac{s+2}{2}|B| - s - 2 - \frac{|A|}{s(s-1)} - \left(\frac{|B|}{2} - 1\right).$$

Combined with the hypothesis  $|A + B| < \left(\frac{|A|}{s} + \frac{|B|}{2} - 1\right)(s+1) = |A| + \frac{|A|}{s} + \frac{s+1}{2}|B| - s - 1$ , we conclude that

$$\frac{|A|}{s} = \frac{|A|}{s-1} - \frac{|A|}{s(s-1)} < \frac{|A|}{s},$$

which is not possible. □

As the above cases exhaust all possibilities, the proof is complete. □

*Proof of Corollary 1.2.* For  $|B| \leq 2$ , we have  $B = P_B$  being itself an arithmetic progression, with  $|P_B| = |B| \leq |B| + r + 1$  in view of Theorem C. For  $|B| \geq 3$ , the result is an immediate consequence of Theorem 1.1 and Proposition 3.3 (applied with  $x = |A|$ ,  $y = |B|$  and  $s$  as defined in the statement of Theorem 1.1). □

#### 4. CONCLUDING REMARKS

As mentioned in the introduction, the bound  $|P_B| \leq |B| + r + 1$  is tight in Theorem 1.1. However, the examples showing this bound to be tight (including variations of that given in the introduction) require *both*  $A$  and  $B$  to be contained in short arithmetic progressions. Thus a strengthening of Theorem 1.1, where the bound on  $|P_B|$  is improved when  $A$  is not contained in a short arithmetic progression, is expected. Indeed, it might be hoped that  $|P_A|$  could be reasonably bounded so long as there is no partition  $A = A_0 \cup A_1$  of  $A$  into nonempty subsets with  $A_0 + B$  and  $A_1 + B$  disjoint.

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